

Personal, Social, Health and Citizenship Education (PSHCE)



Personal, Social and Health & Citizenship Education (PSHCE) is an integral aspect of education at Rishworth, and has been for many years. Lessons, tutor time, assemblies and pastoral time are all used to promote the many messages and values that PSHCE seeks to put across.

The overall aim of PSHCE at Rishworth is to 'empower through raised awareness and informed choice'.

The learning objectives are:

- to develop skills, knowledge and understanding for living a fulfilled life and playing a full role in society;
- to develop the ability to question, justify, judge and decide; and
- to enable pupils to know what society calls 'right' and 'wrong' and to understand why.

PSHCE at Rishworth

The content of PSHCE is vast, covering such diverse aspects as careers, personal health and hygiene, relationships, citizenship, addiction, study skills and decision making.

Clearly the role of parents and the family is crucial in the overall development of young people. At Rishworth we fully realise this and our PSHCE provision is aimed at enhancing everything which goes on at home as a matter of daily life.

Tutors play a vital role in providing PSHCE at Rishworth, in tutorial sessions and dedicated lessons.

Year 8 and 9 pupils have a one hour PSHCE lesson every other week covering a range of topics from citizenship to bullying to personal health.

Year 10 and 11 pupils have a one hour PSHCE lesson every other week. These lessons enhance the tutorial work done during these very important years of examinations and decision, the emphasis being on study skills, future educational / career needs, citizenship and health matters.

The Sixth Form have an induction course which involves a three day residential team building course, as well as a one day study skills course at the start of the school year, and then regular tutorials which deal with various aspects of study, careers development, planning for higher education, driving and health and social issues.

One morning each week, as an alternative to School Assembly, all year groups have either a tutorial or a Year Group Assembly in the Performing Arts Centre. These provide opportunities to deal with general routine as well as PSHCE issues.

Visits outside School and expert guest speakers provide additional guidance, information and advice to enhance what is provided in house.

Guest speakers' subjects have included:

- relationships and sex education
- drugs and alcohol awareness
- road safety issues
- positive guidance
- disability
- self-esteem issues
- enhancing learning performance
- self-sustainability

Visits have been from:

- ISCO careers advisor
- charity organisations
- Calderdale school nurses
- Incredible Edible, Todmorden

At Rishworth, we aim to encourage pupils to achieve their potential in every possible way, to conduct themselves in appropriate and acceptable ways and to empower them to make rational and sensible decisions. PSHCE has an important role in achieving these objectives.

