

# Physical Education



The PE department is a thriving and successful department that not only excels in a wide range of sports but also caters for the demands of all standards of ability. The intention is to maintain and stimulate pupil interest and enjoyment in sports and to promote health and fitness for current and future lifestyles. It is also a major aim to develop a range of desirable personal qualities such as politeness, perseverance, initiative and independence via the establishment of pupil self-esteem through the development of physical confidence.

## **The Sports Curriculum & Teacher Pupil Ratio**

The Department follows guidelines as laid out in the National Curriculum with students taking part in both mixed and single sex lessons following a four year progressive modular programme. Five full time PE Teachers are responsible for the teaching of the curriculum. In addition to this outside coaching specialists are used in activities such as basketball, badminton, sailing and rock climbing. This enables the Department to operate with an excellent teacher-to-pupil ratio, sometimes as low as 1:15 in PE and Games lessons.

	<b>Physical Education Lessons (Single-sex &amp; mixed lessons)</b>	<b>Games Lessons (Single-sex &amp; mixed lessons)</b>
<b>MICHAELMAS TERM</b>	Badminton or Swimming	Boys' Rugby and Girls' Hockey and Netball
<b>LENT TERM</b>	Badminton or Swimming	Girls' & Boys' Football and Girls' Hockey & Netball and Fitness Suite/Squash
<b>TRINITY TERM</b>	Cricket and Rounders	Mixed Athletics and Tennis

### **Extra-Curricular**

A wide range of extracurricular sports and activities is offered throughout the year during lunch break, after School hours and in the evening. These activities are very varied and include athletics, badminton, basketball, cricket, football, hockey, netball, rounders, rugby, swimming and tennis.

### **Competitive Sport**

In addition to the curriculum taught sports and the extracurricular activities coaching programme, the PE Department runs an extremely comprehensive and challenging competitive fixture programme. During the academic year 2015-2016 we competed in well over 400 fixtures. All teams play on a friendly traditional fixture list as well as competing in National Championships and the Calderdale Schools' competitions. Both individually and collectively our successes are many and varied as demonstrated by the résumé for the year 2015-2016.

### **Touring Abroad**

In 1996 the rugby team toured South Africa, in 1997 the girls toured Ireland, in 1998 thirty four boys toured the Southern Hemisphere and 2000 saw a three-week visit to Canada. 2001 saw both hockey and netball teams travel to Barbados and in the summer of 2002 the boys toured Singapore, Malaysia and Australia. In 2004 we visited South Africa on our first overseas combined tour winning all but one of 16 hockey and rugby matches. In 2006 over 80 students toured South America playing in Argentina, Chile and Uruguay. 2008 saw

four teams going to Australia where they played 20 games and lost only 3. In 2010 the School hosted a touring hockey team from Chile, whilst in 2012 a hockey, netball and rugby tour to Sri Lanka proved hugely successful. A hugely successful tour to Canada and the USA took place in July 2015 and in 2016 the school hosted a Canadian Rugby team. A tour to South Africa is planned for July 2018.



### **Sport Scholarship Programme**

Sport scholarships are available to students on entry into Year 7 and the Sixth Form. Scholarships are awarded on merit and represent a real accolade to successful candidates who must not only demonstrate a high level of ability but also future potential. For further information on this matter contact Andrew Thomas, Director of Sport.

### **Achievement and Representative Honours 2015/2016**

#### **Former Students**

##### **Fencing**

Sadie Greetham continues to duel with the best in Europe and is training hard for the 2020 Olympics.

##### **Football**

Isaac Baldwin has now progressed to the professional club Halifax Town FC.

Scott Moloney has signed professional forms with Hartlepool United FC.

##### **Rugby League**

Gareth Widdop of St George, Illawarra Dragons is the current International Rugby League stand off for England.

Richard Hunwicks: Head of Human Performance, England Rugby League.

## **Rugby Union**

George Ford of Bath RUFC played in the Rugby Union Six Nations for England and in the Rugby World Cup.

Phil Nielsen: is in his 10 year testimonial year at Yorkshire Carnegie RUFC.

## **Current Students**

### **Cricket**

Max Didgiunaitis has played for the U11 Yorkshire County Cricket Team and was awarded the club bowling prize in 2015.

Jacob Whitehouse was selected to represent West Yorkshire at U13.

Jacob Bower has been selected for the U17 Taverners Team and will Captain the side this season.

Jasper Male & Laurence Faragher-Pearson will play for the U12 Taverners Team.

### **Equestrian**

Charlotte Lutener has qualified for the U25's British Dressage Championships at the age of 15.

### **Football**

Jordan Moseley continues for another season at the professional football club, Accrington Stanley.

### **Gymnastics**

Henry Beaumont has been performing at the Great Britain Eurogym event.

### **Hockey**

Molly Roberts, Emma Bower, Anshrah Saqib, Lily Wilkinson-Shaw, Georgina Westwood and Joe Costello were selected for the West Yorkshire Hockey teams.

Emma Bower and Anshrah Saqib were selected to attend the Junior Regional Performance Centre.

On the school team front the Under 12 & 16 squads were all crowned Calderdale Indoor Hockey champions with the U13, 14 & 18 squads repeating the achievement in the outdoor competitions.

### **Netball**

Further representative honours came in netball where Lilly Furse was selected for the West Yorkshire U16 Academy. Sisters Hannah and Emma Fletcher were selected for the Greater Manchester Academy and Hannah has been selected for the U19 Yorkshire Jets squad. A further five girls represented Calderdale. During the course of the season the Under 14 squad won the Calderdale tournament for the 3<sup>rd</sup> year running and Under 12s started their run winning their Calderdale Schools Tournament.

## **Rugby Union**

Kian Stewart began the season as a Lancashire U16 player and ended the season signing for the U18 Sale Sharks Elite Player Group at the age of 16.

Toby Dodman, Daniel Kelly were selected for the U15 Sale Sharks Development Player's Programme. Daniel Kelly progressed onto the U15 Lancashire County team.

Toby Muscat-Baron has been selected for the Leeds Carnegie Development Programme.

Jacob Tansey and George Wright have been attending the Yorkshire U16 Carnegie ERDPP and Jacob Tansey has gone one step further and is representing the U16 Yorkshire County team.

Tom Parkin and Tom Inman have made the U13 Yorkshire Carnegie Programme.

Jacob Bower is in his 3<sup>rd</sup> season representing West Yorkshire.

### **Swimming**

Nathan Cullen has been selected for the North East Division at the English School National Swimming Championships as well as the ASA National County Team Championships.

Gina and Hannah Speakman have qualified for the North East Regional Championships.

### **Trampoline**

Willow Clarke-May continues to compete and win at a very high level, including nationally against Ireland, Wales and Scotland, in a variety of events such as Synchronized Trampoline, Double Mini Trampete and the Trampoline. She competes at U17 level which a fantastic achievement for a 13 year old.

### **Triathlon**

Gina Speakman continues to participate in Biathlon and Triathlon events and is have great success, 6<sup>th</sup> in the British U12's Biathlon and 1<sup>st</sup> in the U13 Yorkshire Pentathlon Championships and has recently qualified for the u12 National Triathlon Championships.

