

Menu



RISHWORTH
SCHOOL

RISHWORTH LUNCH

MAIN DISHES

Monday

Chicken Madras with Roasted Peppers (DF) (GF)
Vegetable & Quorn Curry
Turmeric Rice & Coriander Carrots

Tuesday

Beef Lasagne with Garlic Bread
Feta & Beetroot Stuffed Mushroom
Sautéed Potatoes & Cauliflower

Wednesday

BBQ Style Pork (GF) (DF)
Baked Macaroni Cheese with Salsa
Parsley Potatoes & Tender Stem Broccoli

Thursday

Breaded Chicken
Quiche Lorraine
Cajun Rice & Green Beans

Friday

Homemade Pizza Bar
Chipped Potatoes, Coleslaw & Chef's Salad

DELI OPTION

Monday

Ham & Cheese Panini

Tuesday

Cheese & Tomato Bruschetta

Wednesday

Sausage & Bean Pasty (DF)

Thursday

Nacho Bagel

Friday

Bacon Butty (DF)

Daily Staples

A selection of
salads, artisan
bread, fresh fruit
and freshly made
cold desserts.

DESSERTS

Monday Apple & Blackberry Crumble

Tuesday Warm Flapjack

Wednesday Chocolate Chip Sponge

Thursday Carrot Cake

Friday Cornflake Tart

Key: (GF) Gluten free, (DF) Dairy free